



**CAVENDISH SCHOOL**

## A TYPICAL LUNCH MENU FOR THE AUTUMN TERM 2014

### Week 1

#### Monday

##### Choose one from the main courses

Steak pie & gravy with vegetables and boiled potatoes  
Vegetable pie and vegetarian gravy with vegetables and boiled potatoes  
Fresh salad  
Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham  
Salad and sandwich of the week

##### Dessert – choose one

Sticky toffee pudding and custard  
Fresh fruit salad  
Yogurt pot  
Fresh fruit

#### Tuesday

##### Choose one from the main courses

Chicken Korma with boiled rice  
Jacket Potato with cheese/beans  
Fresh salad and vegetables  
Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham  
Salad and sandwich of the week

##### Dessert – choose one

Treacle Tart and custard  
Fresh fruit salad  
Yogurt pot  
Fresh fruit

#### Wednesday

##### Choose one from the main courses

Roast beef with roast and mash potatoes and vegetables  
Veggie roast and vegetarian gravy with vegetables and potatoes  
Fresh salad  
Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham  
Salad and sandwich of the week

Dessert – choose one

Rice Pudding  
Fresh fruit salad  
Yogurt pot  
Fresh fruit

**Thursday**

Full English breakfast is served at 10.40am every Thursday

Therefore there is a lighter lunch served on a Thursday.

Choose from

Homemade soup and bread roll  
Sausage baguette, bacon baguette  
Fresh salad  
Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham  
Salad and sandwich of the week

Dessert – choose one

Flapjacks  
Fresh fruit salad  
Yogurt pot  
Fresh fruit

**Friday**

Choose one from the main courses

Fish fingers with chips and beans  
Margarita pizza with chips and beans  
Fresh salad and vegetables  
Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham  
Salad and sandwich of the week

Dessert – choose one

Pineapple upside down cake and custard  
Fresh fruit salad  
Yogurt pot  
Fresh fruit

**Drinks**

Apple juice  
Orange juice  
Cranberry juice  
Chilled water

## Week 2

### Monday

#### Choose one from the main courses

Shepherds Pie with vegetables

Vegetable pasta bake with vegetables

Fresh salad

Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham

Salad and sandwich of the week

#### Dessert – choose one

Jam roly poly and custard

Fresh fruit salad

Yogurt pot

Fresh fruit

### Tuesday

#### Choose one from the main courses

Chicken and vegetable stir fry

Vegetable stir fry

Fresh salad and vegetables

Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham

Salad and sandwich of the week

#### Dessert – choose one

Chocolate pudding and chocolate custard

Fresh fruit salad

Yogurt pot

Fresh fruit

### Wednesday

#### Choose one from the main courses

Roast Chicken with roast and mash potatoes and vegetables

Veggie roast and vegetarian gravy with vegetables and potatoes

Fresh salad

Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham

Salad and sandwich of the week

#### Dessert – choose one

Apple crumble and custard

Fresh fruit salad

Yogurt pot

Fresh fruit

## Thursday

Full English breakfast is served at 10.40am every Thursday

Therefore there is a lighter lunch served on a Thursday.

### Choose from

Homemade soup and bread roll

Sausage bagette, bacon bagette

Fresh salad

Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham

Salad and sandwich of the week

### Dessert – choose one

Bread pudding

Fresh fruit salad

Yogurt pot

Fresh fruit

## Friday

### Choose one from the main courses

Fish pie with peas and carrots

Vegetable puffs with boiled potatoes and vegetables

Fresh salad and vegetables

Sandwiches with variety of fillings: Tuna & Sweetcorn, Chicken Mayo, Cheese & Pickle, Ham

Salad and sandwich of the week

### Dessert – choose one

Eves pudding and custard

Fresh fruit salad

Yogurt pot

Fresh fruit

## Drinks

Apple juice

Orange juice

Cranberry juice

Chilled water